

More than 60 commercial health plans provide some coverage for the [National Diabetes Prevention Program \(National DPP\)](#) lifestyle change program, which Medicare will start reimbursing for in 2018. Several states now offer the program as a covered Medicaid benefit or to their state employees.

The National Association of Chronic Disease Director's (NACDD) Medicaid Coverage Demonstration Project, funded by the Centers for Disease Control and Prevention (CDC), is showing how state Medicaid agencies and state health departments can collaborate to implement and deliver a sustainable coverage model for the National DPP. The two-year project with Maryland and Oregon is a test of the feasibility and effectiveness of various ways of offering the National DPP lifestyle change program to the Medicaid population.

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Since 1988, the National Association of Chronic Disease Directors and its more than 6,500 members have worked to strengthen state-based leadership and expertise for chronic disease prevention and control in all states, territories, and nationally. Learn more at [chronicdisease.org](http://chronicdisease.org) or contact Kelly McCracken at [kmccracken@chronicdisease.org](mailto:kmccracken@chronicdisease.org).

## DELIVERY APPROACHES

- **Maryland** Department of Health is working with four of its managed care organizations (MCOs): Jai Medical Systems, Amerigroup, MedStar, and Priority Partners. The MCOs are implementing the National DPP lifestyle change program through virtual and community-based CDC-recognized organizations, using a statewide pay-for-performance model and targeting four jurisdictions with the highest number of at-risk Medicaid beneficiaries in Maryland.
- **Oregon** Health Authority is working with three Coordinated Care Organizations (CCOs and Oregon's version of Medicaid managed care): Health Share, FamilyCare, and Trillium. The CCOs are also working with both virtual and community-based CDC-recognized organizations and each CCO is developing its own model for delivery. These models include both claim-based and invoice systems, as well as health equity approaches for determining eligibility for enrollment in the program.

## PROJECT IMPACT

- **Increased Coverage:** the project is demonstrating sustainable coverage for Medicaid enrollees under current rules and regulations, increasing program participation among Medicaid beneficiaries, and strengthening the ability of state Medicaid agencies and state health departments to make a compelling business case for the most effective options for covering the National DPP within Medicaid.
- **Evaluation:** NACDD, along with RTI International, is assessing the process for Medicaid coverage and delivery, analyzing the cost of different delivery models, and evaluating enrollment, engagement and retention strategies, and participant outcomes.
- **Sustain and Spread:** lessons learned from the project are being shared nationwide through a webinar series and a Virtual Learning Collaborative. The project has informed the development of tools to assist states, including the online [National DPP Coverage Toolkit](#) developed in collaboration with Leavitt Partners with funding from the CDC.